

7th January 2022

Dear Parent/Carer

Your child is an identified contact of a positive case, in line with Government guidance, Leicestershire County Council Public Health Team request that you support your child to take **daily lateral flow device (LFD) tests every day for 7 days**. Around 1 in 3 people with COVID-19 do not have symptoms. Rapid lateral flow tests help to find cases in people who may have no symptoms but are still infectious and can give the virus to others. This daily test should be taken before your child leave the household for the first time each day. LFDs can be ordered from <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

If your child is well and has no COVID-19 symptoms, they should continue to attend school or college as long as their LFD test results remain negative. Keeping students in the classroom in the coming months is a government priority, both for their immediate and longer-term wellbeing.

If your child's LFD result is positive, they should self-isolate immediately. This should be either for 10 full days starting from the date the LFD test was taken, or self-isolation can end earlier with additional LFD testing. Your child can take an LFD test from the sixth day of their isolation period, and another LFD test on the following day. The second LFD test should be taken at least 24 hours later. If both these test results are negative, and your child does not have a high temperature, they may end their self-isolation after the second negative test result.

If COVID-19 symptoms of high temperature, a new, continuous cough or a loss or change to your sense of smell or taste develop, your child should start self-isolating immediately and book a PCR test. This can be arranged by visiting: <https://www.gov.uk/get-coronavirus-test-or-by-calling-119>.

Anyone in their isolation period must not leave home: do not go to school or leave the house for non-emergency reasons.

This request applies even if your child has had a positive PCR test within the last 90 days, they need to be re-tested and should continue to attend school unless their LFD test result is positive or have new COVID-19 symptoms. Children under 5 do not need to take a COVID-19 test unless they have symptoms, but you should limit their contact with anyone who is at higher risk of severe illness if infected with COVID-19.

Taking a COVID test is very important to help control this virus. Thank you very much for your support.

Yours faithfully,

Health Protection

Leicestershire County Council