Local Support Services - Oadby & Wigston Borough

Winter 2025

There is always a service out there for you no matter what the situation.
Here are the details for some great support services available:

📞 Leicestershire and National Support Services

- Leicestershire County Council Adult Social Care- 0116 305 0004
- Citizens Advice – 0300 330 2111 General Advice / 0116 464 7239 Debt Advice
- Age UK General Contact – 0116 299 2233
- Silverline - 24hr confidential line for advice, information and friendship for older people - 0800 470 8090
- Turning Point – Drug and Alcohol advice and support, counselling - 0330 303 6000

💡 Utilities

National Grid:

Power Cut emergency dial 105
In the event of a power cut, or any power related emergency, please give us a call. We are available 24 hours a day, 7 days a week. 0800 6783 105

Cadent Gas Network:

Carbon Dioxide alarm, or if you can smell gas and/or think there could be a leak
Call immediately on 0800 111 999 at any time of the day or night.

Water:

Seven Trent: Emergencies (24hrs) 0800 783 4444 or
Anglian Water: Report an issue 03457 145 145

🏛️ Local Borough Council Services

Oadby & Wigston Borough Council,
Brocks Hill Country Park, Washbrook Lane, Oadby, LE2 5JJ
The reception is open on weekdays between 9.15am and 4.15pm
Customer Services Team 0116 288 8961, Monday to Friday

🩺 GP Surgeries

Oadby:

Croft Medical Centre, 2 Glen Rd, Oadby, LE2 4PE - 0116 271 1740
Rosemead Drive Surgery, Rosemead Drive, Oadby, LE2 5PP - 0116 216 6997
The Central Surgery, Brooksby Drive, Oadby, LE2 5AA - 0116 271 2175
Severn Surgery, 59 Uplands Road, Oadby, LE2 4NW - 0116 271 9042

Wigston & South Wigston:

Bushloe Surgery,
Two Steeples Medical Centre, 10 Abington Close, Wigston LE18 2EW - 0116 344 0233
Wigston Central Surgery, 10 Abington Close, Wigston LE18 2EW - 0116 288 2566
South Wigston Health Centre, 80 Blaby Road, South Wigston, LE18 4SE - 0116 278 2028

DISCLAIMER: All information is fact checked where possible and accurate at the time of printing. Check details before attending. If you notice any inaccuracies, please email: Louise.monk@leics.gov.uk

Local Area Co-ordination

Pharmacy First

Your local pharmacist can offer advice on a range of illnesses, such as coughs, colds, sore throats, aches and pains and can give advice on medication. They can also suggest treatments that do not need a prescription for a range of conditions such as impetigo, earache, sinusitis, urinary tract infections. They will also update your health record

Local support information has been created by the Local Area Coordination team in partnership with all listed services to help raise awareness of support and information that is available to you locally and within your district.

Wellbeing Services

- Central Access Point (CAP): 0808 800 3302 NHS mental health support 24/7
- NHS Crisis Mental Health Support: 111 option 2
- Samaritans: 116 123 – available 24hr/ 365 days a year
- Mind: 0300 123 3393
- Vita Minds: 0330 094 5595
- Freeva: 0808 802 0028 – Domestic violence and abuse support

Mental Health Neighbourhood Cafes

Support when you are struggling to cope

Mondays	10am-1pm – LSFB Community Hub, 40 Bell Street, Wigston, LE18 1AD
Fridays	1pm-4pm – Telephone Service
Email:	nmhcafe@ageukleics.org.uk
Phone:	07734 960 243

Local Area Coordinators

Local Area Coordination uses a person centred approach to help connect people together to be part of their community, as well as finding out what support and services are available locally.

Louise Monk, Oadby LAC
07526927372
Louise.monk@leics.gov.uk
Mary Flynn, South Wigston LAC
0783 4177 175
Mary.flynn@leics.gov.uk
Safina Jamal, Wigston Magna LAC
0783 4177 184
Safina.jamal@leics.gov.uk

First Contact Plus

First Contact Plus is delivered by Leicestershire County Council in partnership with GPs, the police, health organisations, voluntary groups and social care departments, district & borough councils who are helping adults across the county by working together to make access to services much easier
https://firstcontactplus.org.uk/

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Local Area Co-ordination

🔥 Warm Homes

The Warm Homes Service provides energy advice and support to resident of Leicestershire to help reduce energy bills and keep them warm and healthy in their homes. The Service can signpost to any grants available to increase the energy efficiency of domestic properties.
General enquiries - warmhomesinfo@leics.gov.uk
www.leicestershire.gov.uk/home-energy-grants
0116 305 2524

🤝 Support Hubs

Helping Hands Advice Services – Support includes benefits, welfare rights, money management, housing issues, advocacy, legal advice, family law, mental health support, education, training and employment
0116 278 2001 www.helpinghandsadvice.co.uk

South Wigston Centre, 50e Blaby Road, South Wigston, LE18 4SD
Monday – 10.00am to 1.00pm
Wednesday – 10.00am to 1.00pm
Friday – 10.00am to 1.00pm
Also:
Tuesdays 10-1pm - Trinity Methodist Church, The Public Car Park Entrance, Oadby, LE2 5AB -
Thursdays from 10am – 1pm - Wigston URC Church 43 Long Street, Wigston, LE18 2AJ

Voluntary Action South Leicestershire (VASL) – Support for Carers
Telephone 01858 468 543
Email: maureen@supportforcarers.org

👯 Family Hubs Leicestershire

Families and young people across Leicestershire can now access a range of services and advice in the Family Hubs. Working with partner organisations, the staff and volunteers are there to support you ensuring you have access to the right help and guidance.

Wigston Magna Family Hub –
All Saints Church of England Primary School
Long St, Wigston LE18 2AH - 0116 305 5282
www.familyhubsleicestershire.org.uk

Community Hub – a place for you - 40 Bell Street Wigston LE18 1AD
The hub offers space for residents to access help and support from professionals, they can use the computers, have a chat with other residents, a place where you can sit have a drink and make friends.
Monday to Friday 9:30 to 4:30pm
T: 0116 5079153

🚐 Community Transport

Voluntary transport service taking you to activities, appointments and more
0116 288 7482
Email community@communityap.org.uk

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Food & Hygiene Banks

Pantry Nook –Drop in at Elliott Hall, Albion Street, South Wigston LE18 4SA
every Thursday from 10-1pm
£5/visit
www.elliotthall.net

Hygiene Hub and Clothing Nook – Elliott Hall, Albion Street, South Wigston LE18 4SA
every Thursday 10am-1pm
www.elliotthall.net

Salvation Army - Ladysmith Road (off Saffron Road), South Wigston, LE18 4UZ
Referrals from GP, professionals, support workers
Tuesdays, Wednesdays, Thursdays 9-12pm
Contact 01162 774114
Email office@leicestersouthsa.org.uk

Oadby and Wigston Lions - South Wigston Congregational Church Hall, 48 Blaby Road, South Wigston, LE18 4SD
Small charge per visit
Mondays, fortnightly 10-11:15am
Contact 07818603699

Leicester South Foodbank - Trussell Trust
A voucher is required for a food parcel
Food parcel - Community Hub, 40 Bell Street, Wigston, LE18 2AH
Mondays 4pm - 5pm
Thursdays 1:00pm-2:00pm
info@leicestersouth.foodbank.org.uk
Clothing/household items service which people can access
Email hub@hopechurchwigston.co.uk

Leicester South Foodbank - Trussell Trust
Hope Church - Bull Head Street, Wigston, LE18 1PA
Lunch Club – free hot meal every Friday at 1pm – no need to book, just turn up
info@leicestersouth.foodbank.org.uk

Help through hardship helpline - If you're worried about money and struggling to afford essentials, call our free helpline for personalised support- they can also support with referrals for a food voucher.
Call our free, confidential helpline on 0808 2082138 to speak to a friendly adviser.

Wigston Community Fridge - Long Street, Wigston, LE18 2AH
Pick up free, good quality food for everyone
Wednesdays and Thursdays 1:00pm-2:00pm
Fridays 11:00am – 12:00pm
T: 0116 3055282

Oadby Foodbank –Trinity Methodist Church, Harborough Road, Oadby LE2 4LA
Alternate Fridays 11:30-12:30pm
Contact 07723121794

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