



# CNAT SPORTS STUDIES

**Topic 5: The use of technology in sport**

- The role of technology in sport
- Positives and negatives of the use of technology in sport.

REVISION

SUMMER TERMS

EXAMS

PROGRESSION

**Flipped learning:** Content is revisited with a focus on areas requiring further improvement.



**EXAM QUESTION PRACTICE:**  
A heavy focus on command words, interpreted questions and structure of answers.



SPRING 2

SPRING 1



**Topic 4: The role of national governing bodies (NGB) play in the development of their sport.**  
... governing bodies.

**R184 CONTEMPORARY ISSUES IN SPORT**

Section A = 30 marks  
Section B = 28 marks  
Section C = 12 marks  
TOTAL = 70 marks.



**Topic 3: The implications of hosting a major sporting event.**

- The features of a major sporting event.
- Positive and negative pre event aspects.
- Potential positive and negatives of hosting,



R184

AUTUMN 1

AUTUMN 2

YEAR 11

**Topic 1: Issues which affect participants in sport.**

- User groups
- Possible barriers
- Possible barriers solutions
- Factors that impact popularity
- Emerging/ new sports in the UK



**Topic 2: The role of sports in promotion values.**

- Sports values
- The Para/Olympic
- Sporting values initiatives and campaigns
- Etiquette and sporting behaviour
- The use of PEDS in sport.



SUMMER TERM 2

**TASK 3: Plan for and be able to participate in OAA activities.**

- Key considerations when planning and outdoor activity in a specific location.
- Risk assessment
- Emergency procedures
- Demonstrate appropriate skills (practical)



**TASK 4: Evaluate participation in an OAA.**

- Evaluate participation in outdoor activities.
- Evaluate the value of participating in outdoor activities.



**TASK 2: Equipment, clothing and safety in OAA**

- Types of equipment.
- Types of clothing.
- Types of technology.
- Types of terrain and environment.

**R187 INCREASING AWARENESS OF OAA**

Task 1 – marked out of 6.  
Task 2 – marked out of 12.  
Task 3 – marked out of 12.  
Task 4 – marked out of 10.  
TOTAL = 40 marks



**TASK 5: Review your own performance in planning and leading a sports activity session.**

- Review your leadership sports activity session



SUMMER TERM 1

R187

SPRING TERM 2

**TASK 1: Provision for different types of OAA in the UK.**

- Provision available locally and nationally.

**TASK 3: Organisation and planning a sporting activity**

- Organisation of a sports activity session
- Safety considerations
- Meeting the needs of the group



**TASK 4: Leading a sports activity session**

- Organisation of a sporting activity session
- Leading a sports activity session

**TASK 2: Applying practice methods to support improvement in a sporting activity.**

- Strengths and weakness of performance.
- Methods to improve performance.
- Measuring improvement in performance.

AUTUMN TERM 2

SPRING TERM 1

**R185 - PERFORMANCE & LEADERSHIP IN SPORT**

Task 1 – both sports marked out of 14.  
Task 2 – marked out of 14.  
Task 3 – marked out of 14.  
Task 4 – marked out of 14.  
Task 5 – marked out of 10.  
TOTAL: 80 marks

**Sports Audit:**  
What sports do you already compete in?



AUTUMN TERM 1

R185

YEAR 10

**TASK 1: Key components of performance.**

- Performance in 2 selected activities.
- Sport 1 - netball during curriculum lessons.
- Sport 2 – extra-curricular expectation.



**Introduction to the Course:**  
40% R184 Contemporary issues in sport  
40% R185 Performance and leadership in sports activities  
20% R187 Increasing Awareness of Outdoor and Adventurous Activities

