



WORLD MENTAL HEALTH DAY 2024

10th October 2024

World Mental Health Day takes place on Thursday 10th October 2024. The theme this year is,

"It is time to prioritize mental health in the workplace"

WORKPLACE WELLBEING

We've put together a range of simple ideas to promote staff wellbeing in your school. Check them out [here!](#)

MENTAL HEALTH SUPPORT IN THE WORKPLACE

If you or a colleague require additional help and support, there is lots of help available.

Click on the logos to explore further information.



Health | Well-being | School Sport | PE | Physical Activity
Supporting South Leicestershire Schools to provide opportunities for all young people