

Are you Young Carer aware?

A young Carer
might do some
of these things

Helping with
things like
washing, dressing
or cooking

Talking to
professionals
on behalf of
the person they
care for

Caring for
siblings
frequently

Supporting a
family member
at medical
appointments

Offering
emotional
support

Taking care
of budgets
or household
bills

Responsible for
medication for a
family member
or friend



We aim to help and support Young Carers and their families across Leicestershire



To find out what support is available Email: Youngcarers@leics.gov.uk
Web: www.leicestershire.gov.uk and search 'Young Carers'.

Request for support can come via self-referral or referral from professionals (with consent).

For Referrals visit www.leicestershire.gov.uk/cfws and click the link for the Multi Agency Referral Form