

Your local area coordinator is here to help with

You: thinking about how to make life better and looking at what you have to offer

Connecting with others: linking people together and being part of your community

Information: finding out about what's happening in your area and getting the right help from services

Taking action: making positive action

We can provide:

Short term support — signposting people to local services or community groups

Longer term support — work with someone to help them achieve their goals and lead a happier life

If you know of someone who would like to be introduced please contact us— you can phone , email or use Facebook

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Local Area Co-ordination

‘A model of support which focuses on identifying and supporting those who need help before they hit crisis and working towards building an inclusive supportive community around them’.



Originally developed in Western Australia in 1980's

Initiative being led by Inclusive Neighbourhoods

Currently running in other areas including:

Derby, Thurrock, Cumbria, Swansea, York

Monmouthshire, Solihull, Suffolk and Isle of Wight

Local Area Co-ordination

Uses a person centred approach to support people and their families to have a good life in their communities

Asset Based Community Development

The approach identifies the assets within communities which can help to make the community more self sufficient

It looks at what individuals, families and communities can offer

We work with local people , local and county wide organisations and services to promote opportunities for people who may be at risk (vulnerable) or trying to cope with daily life due to their age, disability or low level mental health needs and those who are socially isolated

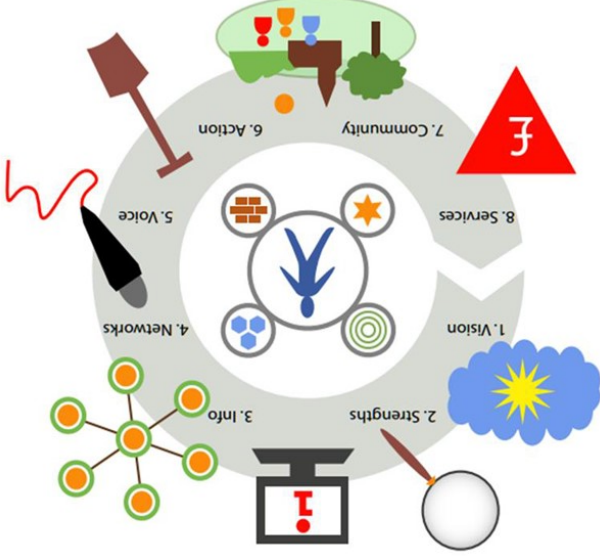
Local Area Coordinator

Normally works in outreach bases

Works in partnership, develops effective networks

Spends time to understand a person's strengths and aspirations

Identifies community assets and resources which individuals can access



Link individuals to sources of informal support

Supports individuals to access other relevant services required

Create and support community groups

Fewer hospital/emergency admissions and visits to the GP

Increased engagement with natural supports, voluntary groups, training and employment

Positive use of community assets and resources

Greater community cohesion, community capacity and resilience

Strengthens individuals, families and communities

Enables practical ways of achieving goals and visions for a good life thus preventing reaching crisis point

A preventative approach which improves:

- Health and wellbeing feeling safe staying well and happy
- Quality of life—confidence and independence
- Community links and social interactions
- Access to opportunities

We work together to develop innovative solutions and positive outcomes for local people, families, communities and services

