



Sonia Vaidya

Careers Governor

I am a Governor at OAK Multi Academy Trust, currently serving a four-year term. I bring 20 years of experience in HR and resourcing, with expertise spanning recruitment, employee relations, project management and learning and development. I have worked across a range of sectors including education, construction, the NHS, and telecoms, providing me with a broad organisational perspective that strengthens my contribution to effective school governance.

As Careers Governor, I focus on supporting pupils' pathways and future opportunities. I am committed to being an active member of the local community and developing my understanding of the education system as my children progress through primary school. Inspired by my mother's longstanding involvement in school governance and the PTA, it is a privilege to continue this legacy by contributing to the ongoing success of Manor High School.

Alongside my governance role, I work part-time within the Recruitment Team in the HR Department at the University of Leicester. I live in Oadby with my husband and two children and maintain a strong commitment to wellbeing and family life, enjoying cooking, fitness activities, and spending time outdoors with my children.